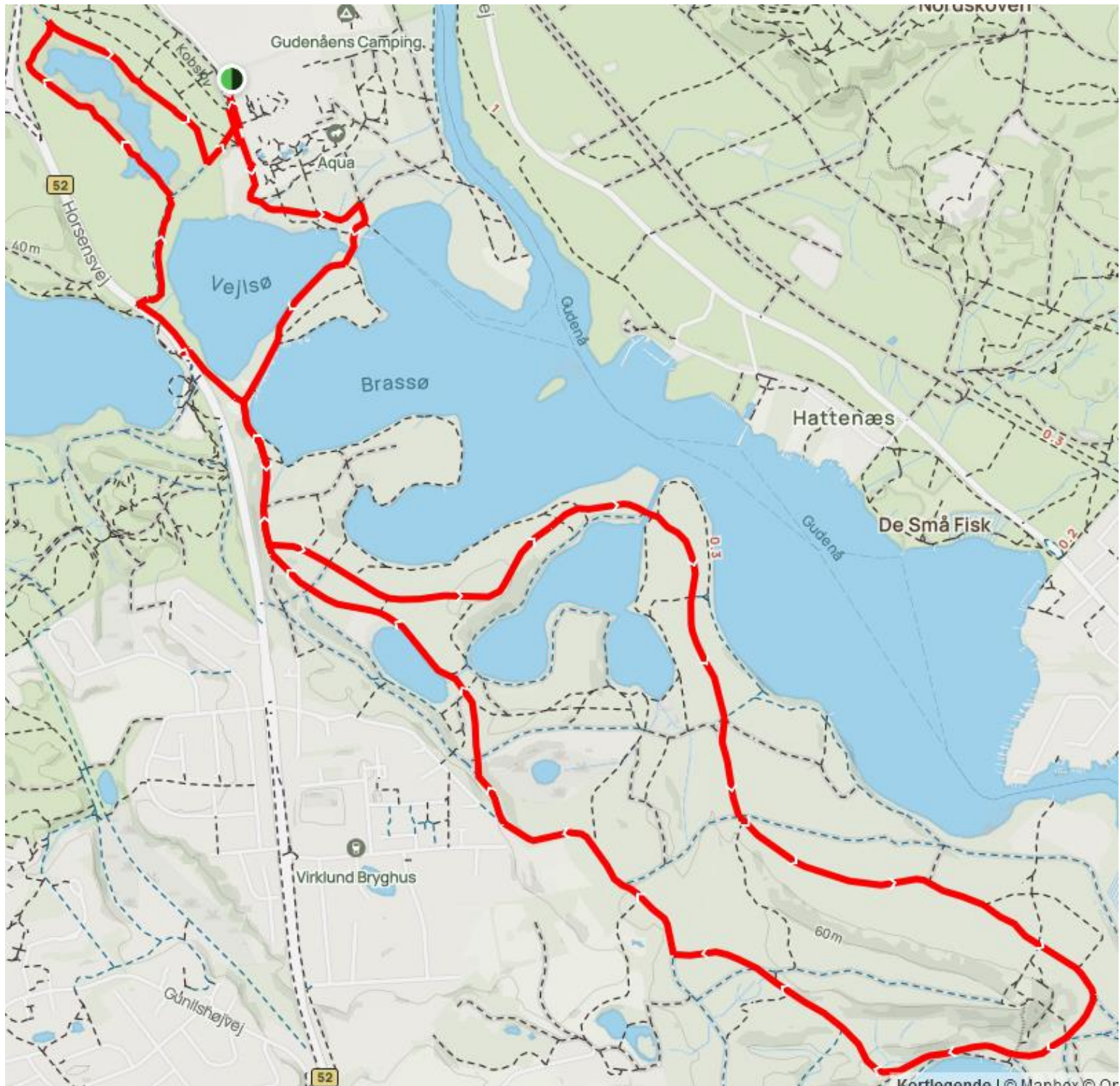
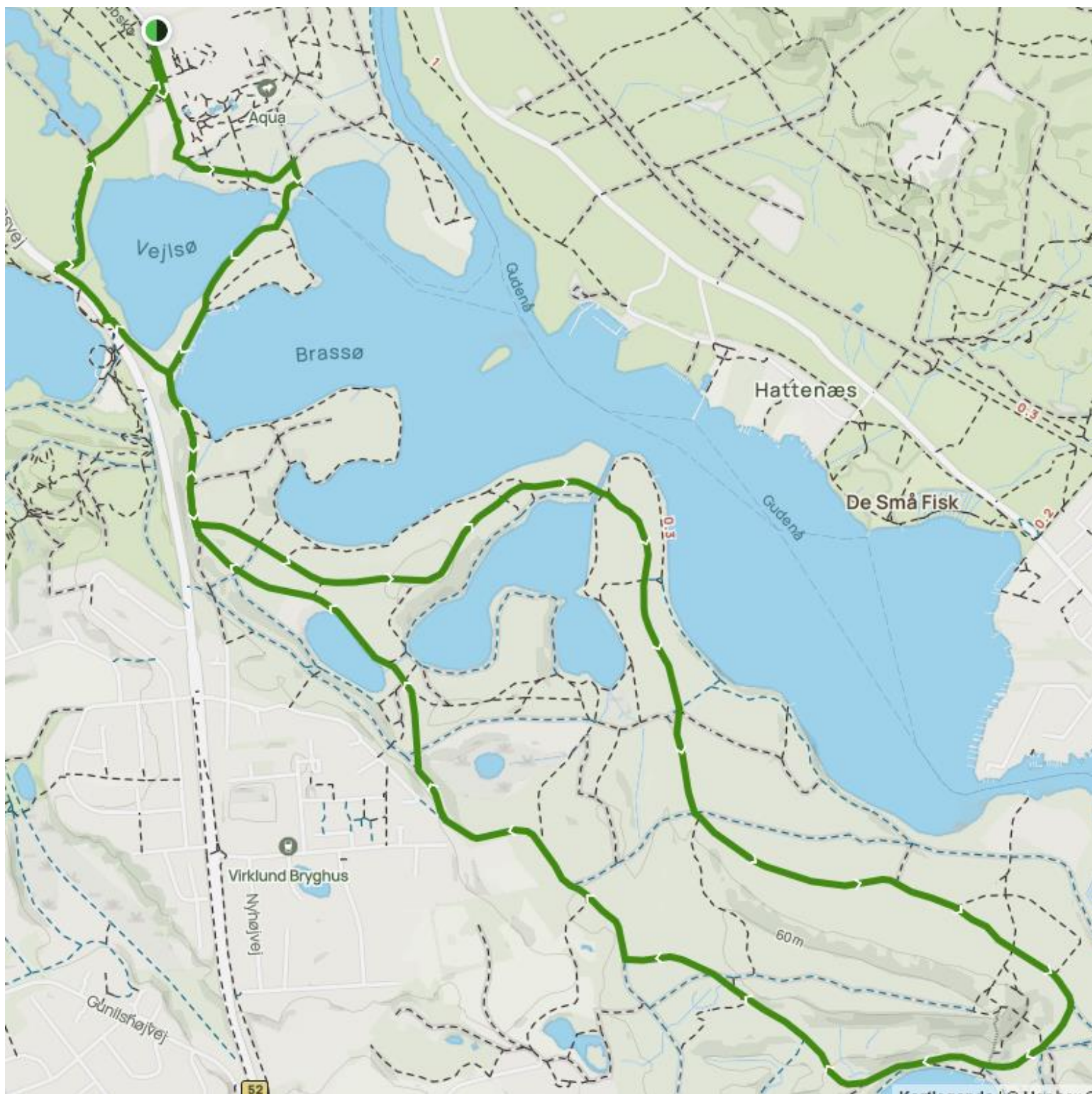


RUN HOLD – LANG – KLÜVERS KANAL 10,3 km



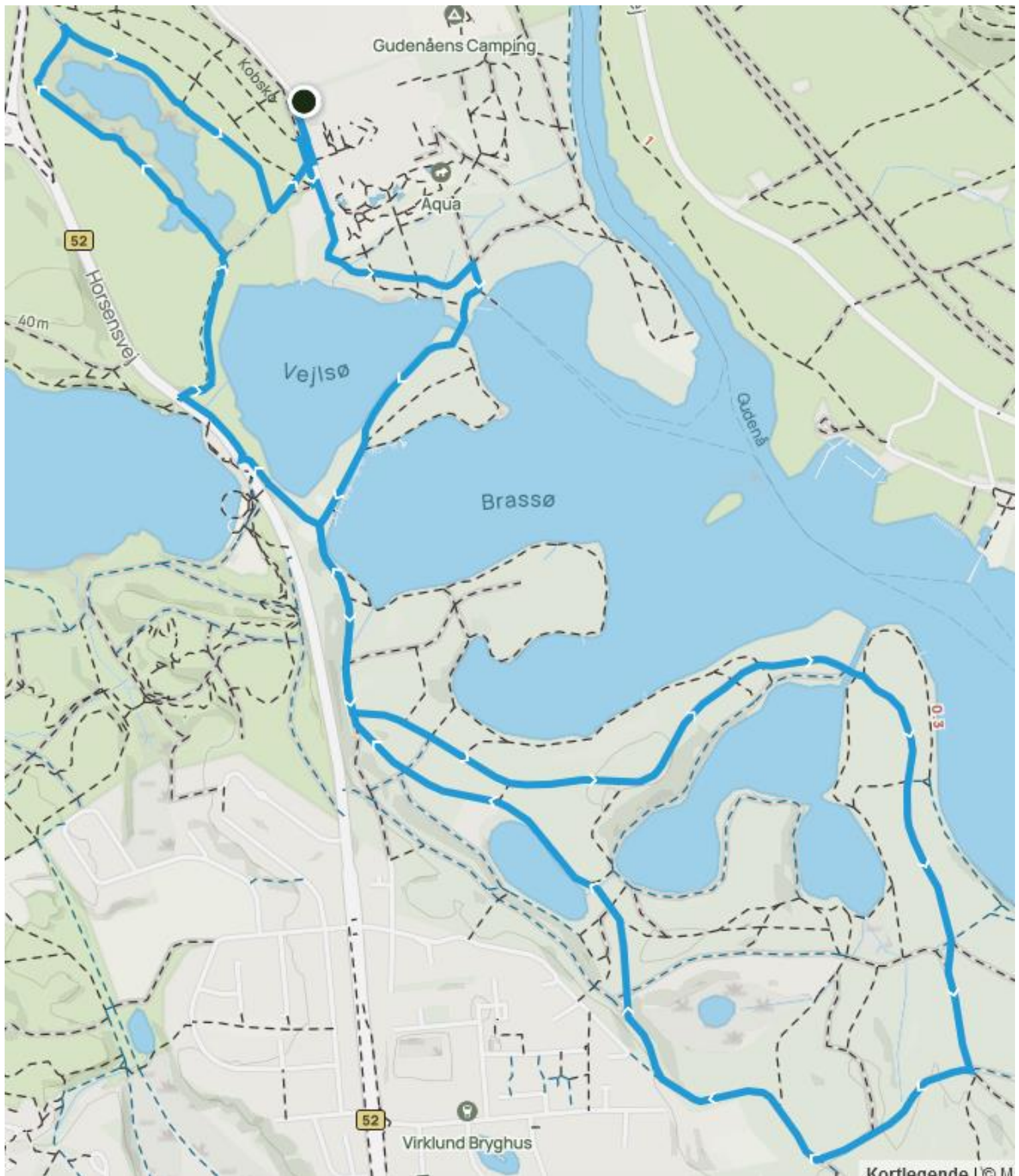
10,3 km – Vejsø – Klüvers Kanal – Karoline Amalie-høj – Uglesø – Mosen rundt

RUN HOLD – LANG – KLÜVERS KANAL – 9,2 km



9,2 km – Vejlsø – Klüvers Kanal – Karoline Amalie-høj – Uglesø – Mosen

RUN HOLD – LANG – KLÜVERS KANAL – 8 km



8 km – Vejlsø – Klüvers Kanal (lang rute) – Ugesø – Mosen rundt